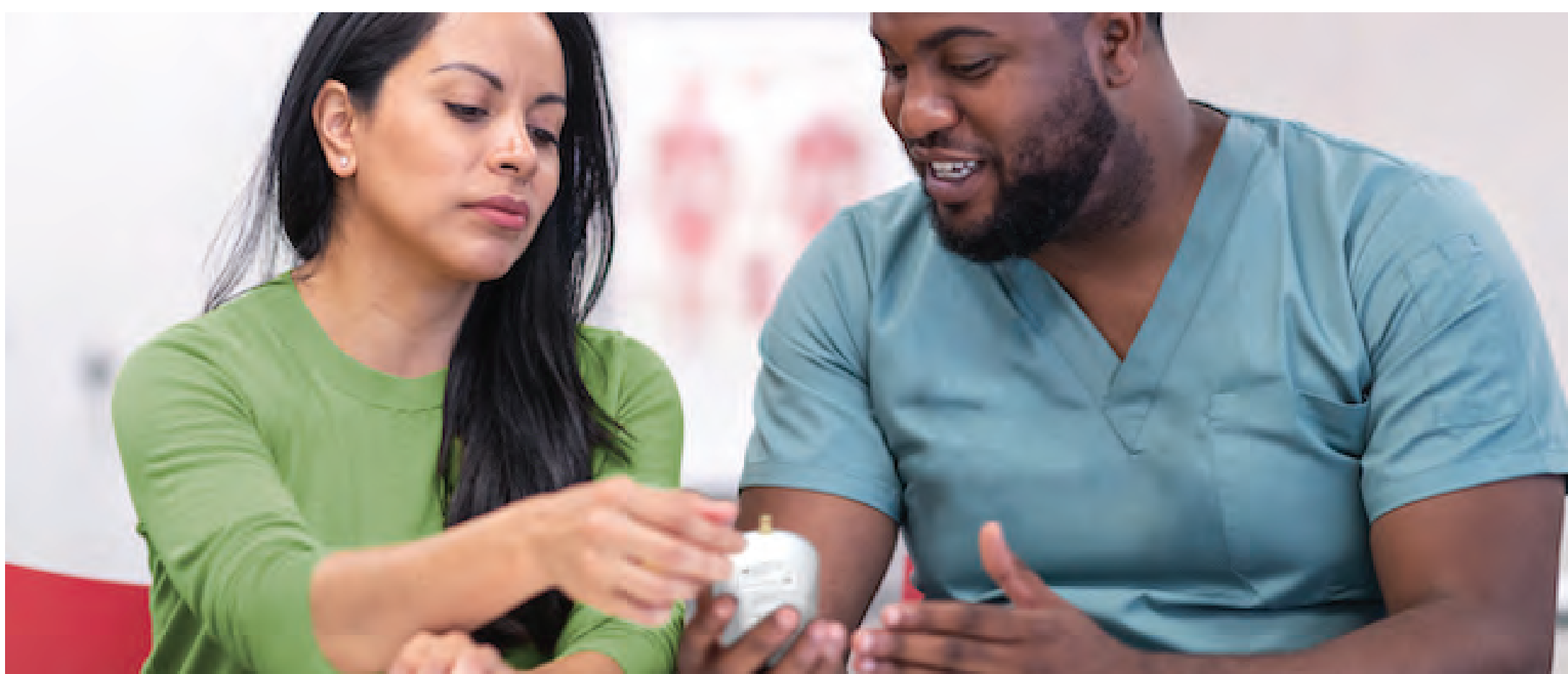




Set patients up for success with self-monitoring of blood glucose by providing tools and information that will allow their glucose readings to tell their unique diabetes story.

Included in this Digest are resources with practical tips for making the most of remote glucose monitoring, as well as how Diabetes Self-management Education and Support (DSMES) can impact your patient's success.



#### **A Structured Approach to Remote Management Self-Monitoring of Blood Glucose ▶ 9:24**

Jerry Meece, BPharm, CDCES, FACA, FADCES shares his experience of setting up patients with remote glucose monitoring. He offers some helpful tips for you to get more meaningful data from your patients

[VIEW VIDEO](#)

#### **Meaningful Monitoring Revisited ▶ 19:05**

William Polonsky, PhD, CDCES, recipient of the 2020 American Diabetes Association, Outstanding Educator in Diabetes Award, discusses how to build your skill in counseling people with diabetes to meaningfully monitor their glucose levels in order to help optimize their diabetes care.

**One Key Takeaway:** It is critically important to inform patients about the reasons why you are asking to collect their blood glucose data.

[VIEW VIDEO](#)

#### **“Diabetes Self-management Education and Support in Adults with Type 2 Diabetes: A Consensus Report”**

With the shift in delivery of care due to the pandemic, the importance of Diabetes Self-management Education and Support (DSMES) has come to the forefront. This report developed by seven national medical organizations covers key points including:

- The value of DSMES
- Specific times to begin DSMES
- Detailed recommendations for implementation and use

**One Key Takeaway:** DSMES can provide patients with a wealth of knowledge to address the ups and downs of managing diabetes. Valuable information is available to help patients navigate thru the challenging and changing needs of diabetes care.

[VIEW REPORT](#)

#### **Diabetes and Covid-19 Resource Links**



**International  
Diabetes  
Federation**



**American  
Diabetes  
Association®**



**EASD**  
European Association  
for the Study of Diabetes



**ADCES**  
Association of  
Diabetes Care & Education  
Specialists

For more HCP resources visit  
[WWW.LIFESCANDIABETESINSTITUTE.COM](http://WWW.LIFESCANDIABETESINSTITUTE.COM)  
and sign up for free membership