

The ECLIPSE Study seeks to understand the effects of a Type 2 diabetes management program that uses digital tools including OneTouch Reveal®, with Fitbit, Welldoc®, Cecelia Health, or Noom.

To be eligible, participants must meet the following criteria:

- 18 years or older
- Identity is verified through Experian
- Live in the contiguous United States
- Do not live in Alaska, Hawaii, U.S. military base located overseas, or U.S. territories (Puerto Rico, U.S. Virgin Islands, Guam, Northern Mariana Island, or American Samoa)
- Have a valid address where shipments can be sent
- Speak, read, and understand English
- Have been diagnosed with Type 2 diabetes
- Have a stable and consistent home and/or office internet connection
- Are currently instructed by a health care provider (HCP) to use a blood glucose meter to test blood sugar
- Have a compatible smartphone (iOS version 14.4 and above and an iPhone 5s or later; Android 10.0 and above)
- Are willing to update apps throughout the course of the study as needed, and willing to redownload apps if you change phones during the study
- Are willing to complete the study steps, including setting up apps/devices and accounts, conducting at-home A1C tests and returning them to our lab partner, completing surveys
- Currently using diabetes medication
- Cannot be routinely using CGM
- Cannot be currently using the OneTouch Verio Reflect®

Duration of the study: 6 months

Participant may earn up to \$100.00

Learn about each program and scan the QR code to verify eligibility



An evidence-based, expert-led approach program with an optimal mix of human touch and digital health solutions to help you manage your A1C, reduce distress related to diabetes, lose weight, and live a healthier life.

Everyone's journey with diabetes is different. Cecelia Health's model relies on delivering responsive, personalized support from a diabetes specialist that is easily accessible on your phone.

NOOM



Build healthier habits with Noom's behavioral weight loss program. It uses an innovative, psychology-based approach to help you reach your health goals.

Noom is a psychology-based program that empowers you to make healthier choices by better understanding your relationship with food, how to be more mindful of your habits, and gives you the knowledge and support you need for long-lasting change.



Welldoc makes it easy to see how your food, activities, and meds can affect your health numbers. It can show you how small daily changes can add up to big improvements over time.

Digital guidance for people with diabetes, hypertension, heart failure, and/or prediabetes. The clinically based, AI-driven Welldoc® platform delivers real-time feedback to support a holistic health journey.



The combined Fitbit Inspire 2™ tracker with Fitbit Premium subscription helps people with diabetes or prediabetes to move more, manage stress, sleep better and eat well.

Connect your OneTouch Reveal® app with your Fitbit app to automatically import your blood glucose levels. You'll be able to view how health behaviors like activity, nutrition, sleep, or stress, and other biometrics such as weight, track alongside your blood glucose levels.